

SERVICES OFFERED

OCCUPATIONAL THERAPY

- **Activities of Daily Living (ADL) Retraining**
 - Grooming
 - Dressing
 - Eating
 - Feeding
 - Swallowing
- **Modification of Home Environment**
- **Wheelchair Management**
- **Orthotic Fitting and Training**



HOURS

**Monday — Saturday
by appointment only.
We Offer Transportation to
and from appointment.**

INSURANCE

**We accept most insurance
plans and private payment**



**SAINT ANN'S HOME
OUTPATIENT
REHABILITATION**

**198 Old Bergen Road
Jersey City, NJ
07305**

**WELCOME
TO
SAINT ANN'S HOME**



**OUTPATIENT
REHABILITATION**

(201) 433-0950 ext.

*St. Ann's Home
Outpatient Rehab is a
well-equipped facility with a
dedicated team of
experienced professionals.*



PHYSICAL THERAPY

- **Pain Management**
 - Orthopedic Injuries (neck, back, shoulder, knee)
 - Fibromyalgia
 - Arthritis
- **Sports Injury Rehab**
- **Vestibular and Balance Rehab**
- **Post Surgical Rehab**
- **Musculoskeletal Rehab**
- **Industrial Rehab**
- **Neurorehabilitation**
- **Women's Health**
- **Senior Strength Training**

LYMPHEDEMA MANAGEMENT

- **Complete Decongestive Therapy**
 - Skin Care
 - Manual Lymph Drainage (MLD)
 - Bandaging and Compression



SPEECH-LANGUAGE PATHOLOGY

- **Communication Disorders**
 - Speech Sound Production
 - Resonance
 - Voice Fluency
 - Language (comprehension and expression)
- **Cognition**
- **Feeding**
- **Swallowing**
 - Dysphagia Program (assessment, treatment, education)